

1st Pres of Palo Alto
Cool Campaign

“Put Your Best Footprint Forward”
Oct 2008 – Apr 2009



We began in worship on World Communion Sunday



We turned in commitment cards

- I make the commitment to take action, over the next 6 months, to reduce my carbon footprint.
- I will respond each month to a short survey about what I did.
- My actions will help to reduce the threat of global warming.

and added our footprints to a banner



We shared a "100-Mile" Lunch

- **ANGEL PUNCH**
- **SPINACH SALAD WITH FRESH STRAWBERRIES AND RASPBERRY VINEGARETTE**
- **LEMON MUSTARD CHICKEN**
- **BROILED TOFU STEAKS WITH GARLIC AND HERB BUTTER**
- **SQUASH-RICE CASSEROLE**
- **BALSAMIC ROASTED VEGETABLES WITH CILANTRO YOGURT AND CHUTNEY**
- **APPLE CRISP AND VANILLA ICE CREAM**

For each of the six months of the
Cool Campaign,
Ellen Wilkinson from Acterra
provided us with information and
suggestions about ways to lower
our Carbon Footprint.

October Challenges: Things You Plug In



Things You Plug In

- **Use Compact Fluorescent Bulbs (CFLs)**
- **Raise Your Refrigerator/Freezer Temperatures**
- **Stop Energy Drains from Unused Appliances**
- **Replace Old Appliances with Efficient Ones**
- **Wash Dishes More Efficiently**
- **Retire Your Second Refrigerator/Freezer**
- **Make Your Refrigerator More Efficient**
- **Make Your Home Office More Efficient**

November Challenges: Reduce Your Consumer Footprint



Reduce Your Consumer Footprint

- **Buy Locally Produced Food**
- **Buy Organic Food**
- **Eat Less Meat**
- **Reduce, Reuse, Recycle**
- **Compost**
- **Buy Less**

December Challenges: Green Your Holidays



Green Your Holidays

- **Serve a 100-Mile Holiday Meal**
- **Cook More Efficiently**
- **Give Feel-good Gifts**
- **Use Greener Decorations**

January Challenges: Winter Heating



Winter Heating

- **Turn down the thermostat**
- **Install a Programmable Thermostat**
- **Stop Air Leaks: Caulk and Weatherstrip**
- **Insulate Your Home**
- **Dress Up Your Windows**
- **Use a Space Heater**
- **Seal Leaks in Air Ducts**
- **Make Your Windows More Efficient**

February Challenges: Hot Water



Hot Water

- **Lower Your Water Heater Temperature to 120°F**
- **Take Shorter Showers**
- **Wash Full Loads in Cold Water**
- **Install Low-Flow Showerheads**
- **Install Faucet Aerators**
- **Insulate Your Water Pipes**
- **Run your Pool or Spa More Efficiently**
- **Make Your Water Heater More Efficient**
- **Purchase a Tankless Water Heater**
- **Purchase a Solar Hot Water System**

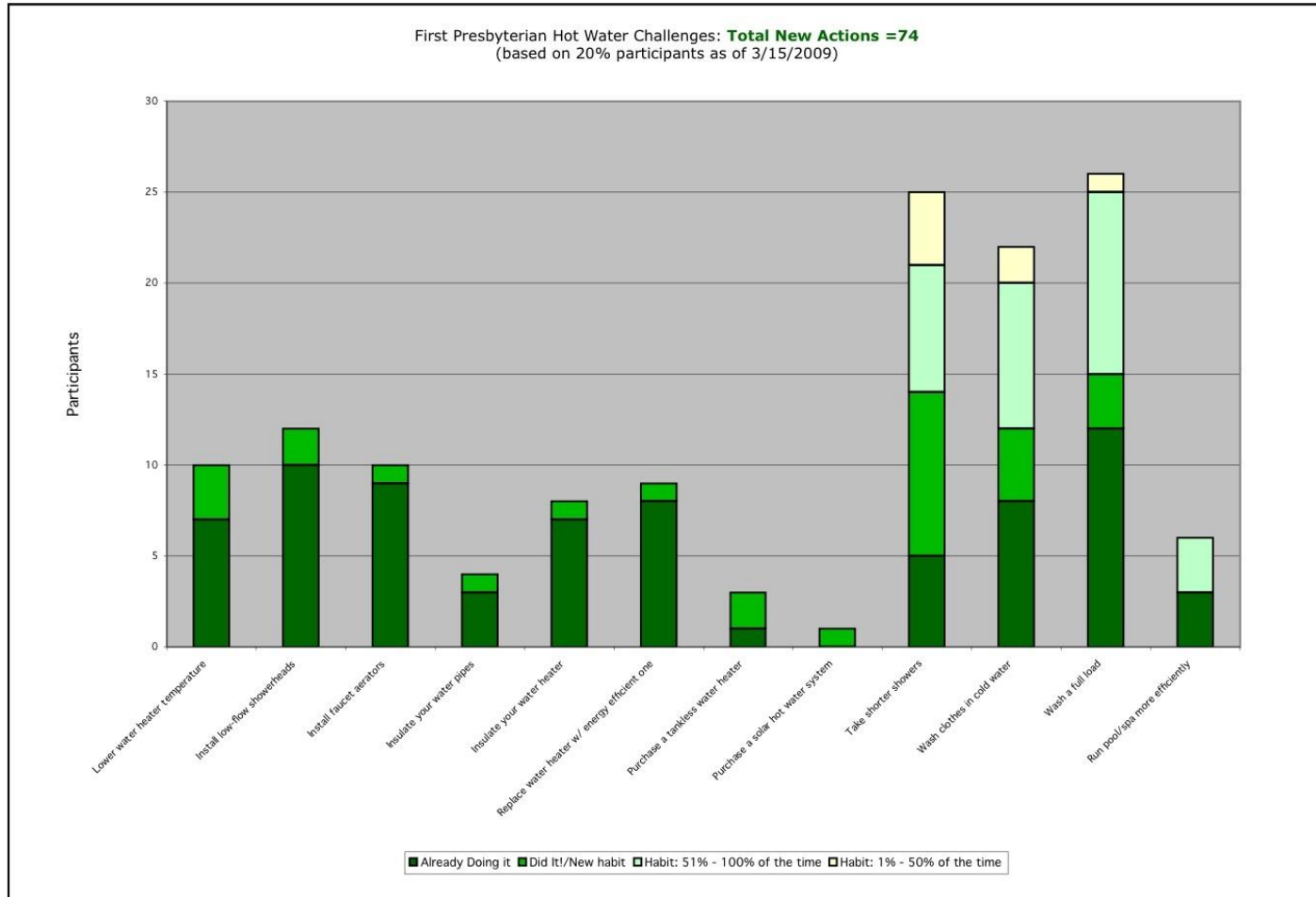
March Challenges: Transportation



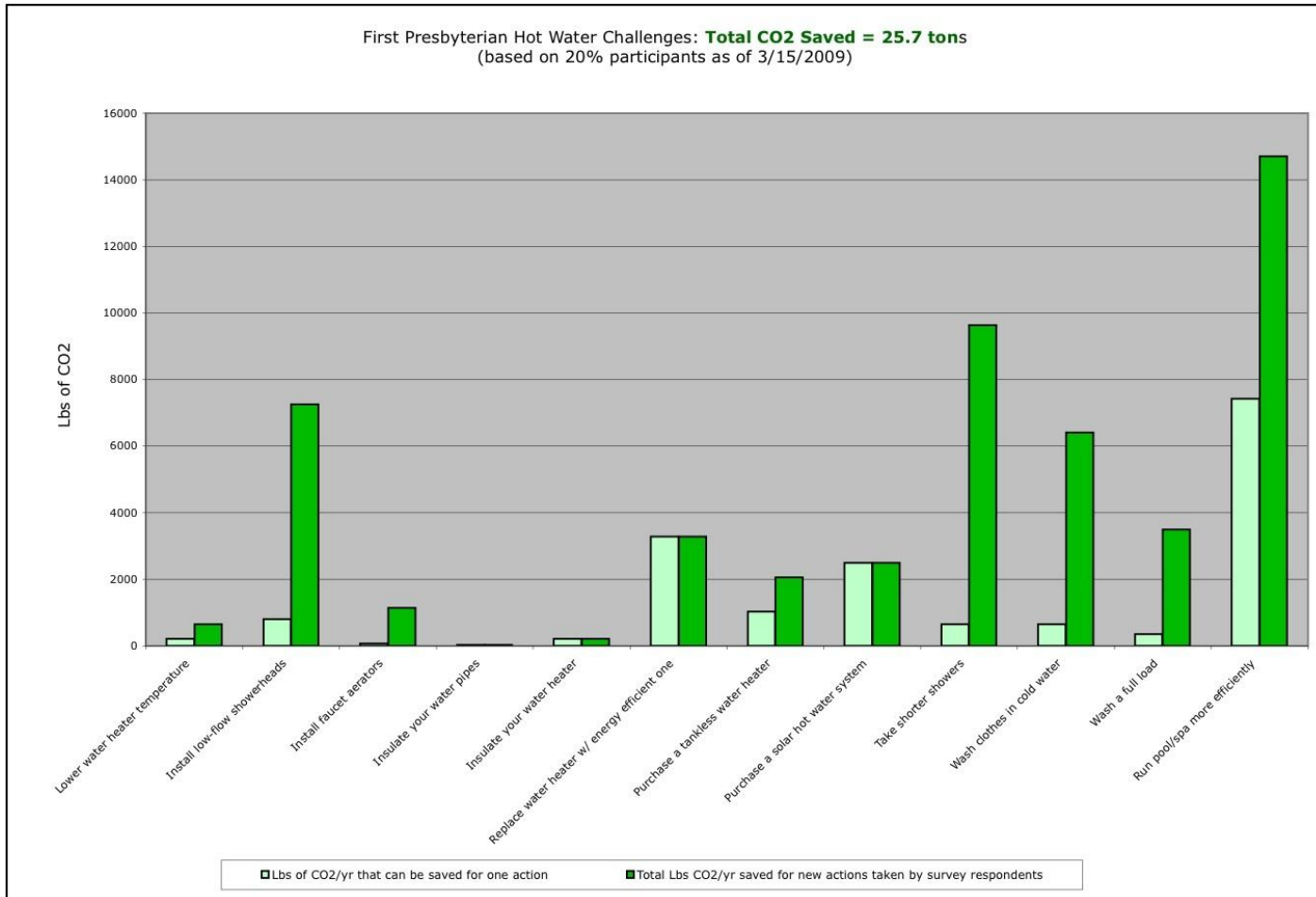
Transportation

- **Let Someone Else Drive**
- **Use Person Power**
- **Drive Smarter**
- **Buy A More Fuel Efficient Car**
- **Drive Less**
- **Fly Less**

Each month we reported our actions



and learned our CO2 savings



We ended with a special
Earth Day worship service



sharing another “Locavore” Lunch

- **MEYER LEMON-LAVENDER PUNCH**
- **GREEN GARDEN SALAD WITH CROUTONS, EDIBLE FLOWERS AND HOMEMADE DRESSING**
- **SPICY CRISPY OVEN FRIED CHICKEN BREASTS**
- **TIAN DE COURGES (EGG, RICE and SQUASH CASSEROLE)**
- **ROASTED NEW POTATOES WITH ROSEMARY**
- **GOURMET FRESH GREEN BEAN CASSEROLE**
- **STUFFED PORTABELLO MUSHROOMS WITH PECORINO CHEESE**
- **STRAWBERRY/RHUBARB COBBLER**

Brought to you by the
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www.fprespa.org/coolplanet

